



HERTFORD SWIMMING CLUB
(Affiliated to SE Hertfordshire and SE East Region)
www.hertfordsc.co.uk

CODES OF CONDUCT- CLUB ATHLETES & PARENTS.

Club Athletes refer to participants in any aquatic discipline taught or coached to Hertford SC members. This Code of Conduct forms part of the Club Discipline Policy. All Club Codes & Policies are available on the Club website to view or download, together with other 'Club Information'.

The purpose of this code of conduct is to establish and maintain a minimum standard of behaviour for all members both on and off poolside in order to ensure the safety and well-being of all our Club athletes. It is a condition of membership that you agree to abide by this code of conduct.

General

- Members should behave in a polite and orderly manner at all times that allows everyone to fully participate in and enjoy their club activities.
- The club will not tolerate bullying in any form. This includes physical and verbal assaults, teasing, name-calling and hiding belongings. Anyone found to be bullying other members will be suspended and may be asked to leave the club. Everyone's co-operation is requested to try and stamp out bullying of any kind.
- Members should not use abusive language or act in an aggressive manner.
- On no account should club athletes use illegal or performance enhancing drugs. Alcohol and tobacco are also banned in and around the pools.
- Everyone should abide by the rules of Swim England.

Club Athletes.

Outside the Pool and In the Changing Rooms

- The ultimate responsibility for behaviour outside the pool rests with the parents, guardians of U18's and the member themselves. The club cannot be held responsible for conduct, injury, loss or damage occurring in the changing area or outside the pool.
- Athletes should get changed quickly before and after their sessions & not loiter in the changing rooms. They should be aware of the age & sensitivities of others using the changing rooms and ensure their own behaviour and language are appropriate for all.
- No personal belongings should be left in the changing rooms. Everything should be taken on poolside or locked in the lockers. No litter should be left in the changing rooms or lockers.
- Everyone should at all times respect each other's property and that of the pools we use. This includes proper use of toilets, toilet paper and showers.
- Juniors waiting before or after their designated session should be supervised by a named adult. In particular they should not be permitted to run around in the foyer or outside where they could be at risk. At Hartham & Haileybury juniors are expected to sit quietly in the spectator area when waiting for their parents. Parents will be asked to remove immediately any children who behave irresponsibly.
- No-one should engage in water fights, horseplay, misuse of shampoo/water bottles etc.

Training & In the Pool.

Club Athletes should:

- Try to attend the maximum number of training sessions available to them.
- Be ready with all their equipment 5 minutes before their session begins.
- Listen to and follow instructions given by their coaches.
- Not talk while their coach is talking.



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- Work hard during training sessions for their own benefit and that of the club.
- Ensure they take all their property home with them. Any litter/rubbish/empty bottles should be placed in litter bins and NOT left on poolside.
- Should assist the coach with clearing the pool area at the end of the session.

At Competitions

Club Athletes should:

- Endeavour to make themselves available when selected for the team. They should inform the team manager as soon as possible if they are unable to compete.
- Should arrive at the pool in good time in order to take advantage of the warm-up.
- Should behave in a sporting manner.
- Should remain with the team at all times.
- Should support and encourage other members of the team.
- Should check with the team manager or poolside team steward before they leave poolside to use the toilet or for any other reason.
- Should ensure no litter is left behind on poolside – it should be placed in the appropriate litter bins.
- Should not leave poolside to get changed before the end of the competition without first checking with the team manager or poolside team steward. In general it is expected that the team will remain on poolside until the final result is announced.

Parents / Guardians

For training sessions it is expected that they will:

- Get children to training sessions in good time and collect them promptly.
- Ensure that children are not left unattended or allowed to create a nuisance, particularly in the pool spectator and foyer areas.
- Encourage children to attend their training sessions regularly.
- Keep in touch with the Club activities, e.g. through noticeboards, website, newsletter.
- Not direct queries to Club staff while they are actively teaching or coaching.
- Where queries are unresolved, request the issue be raised with the committee.
- Wherever possible, offer assistance in Club activities.
- Promote a responsible and disciplined attitude.
- Not take drugs, drink alcohol or smoke during training sessions or competitions.

For competitions it is expected they will:

- Encourage athletes to participate in all competitions they are advised to enter or for which they have achieved team selection.
- Ensure members indicate their availability on team selection lists as soon as possible.
- Get children to the venue in good time and collect them promptly.
- Remain in the spectator area, whilst in the pool hall, unless requested to assist.
- Encourage children to remain with the team group.
- Register any recording equipment (eg cameras) as directed by the Announcer.