



Potential Hazard	Who is at risk?	Existing Precautions	Risk with precautions		Personnel Responsible
			Severity of injury	Likelihood	
<b>Jewellery-</b> Cuts of self, or of others in collision. Self-entrapment in pool fittings, lane ropes	Swimmers	No jewellery while swimming, strictly enforced. NB Pulse watches are allowed in training, under supervision.	L/M	L	Swimmers to remove their jewellery. Teachers/coaches or lifeguard to request they do so, if needed.
<b>Training- related physiological conditions</b> e.g. cramps, exhaustion and dehydration	Swimmers	Coaches and teachers regulate the training programmes and monitor the levels of training for individuals to reduce risk. Ensure adequate hydration before, during and after training. Fluids in plastic bottles are allowed on poolside	L	L/M	Teachers and coaches
<b>Medical Conditions of Swimmers</b> Hazard: e.g. Asthma, Diabetes, Epilepsy causing risk of drowning or injury (eg during epileptic attack)	Swimmers	Swimmers' Medical Details declared on club membership forms and transferred to class registers so that session teachers and coaches are aware of them. Individual extra supervision of a swimmer may be provided.	L/M/H	L	Teachers and Coaches. Lifeguard
<b>Poolside</b> Wet poolside Hazard :Slips, Trips and Falls  Club changing room exits to poolside at deep end. Hazard: weak/non-swimmer falling in, drowning	Swimmers and staff	All swimmers are warned to take care at the edges of the pool, not to run and to behave in an orderly manner. Club members who do not comply are formally warned. Potentially hazardous conditions reported to facility staff.  As above. Lifeguard present at deep end	L/M	L/M	Club and facility staff   Swimmers, Club staff, Lifeguard
Equipment defects/or causing obstruction Increased accident risk from e.g. sagging lane ropes and loose blocks. Hazard: Cuts, Slips, Trips and Falls.	Swimmers	The Club is pro-active and reports all defects in equipment to the Facilities Manager. Equipment is to be stored safely in storeroom where appropriate.	L/M	L	Club staff to report, ensure personnel safety. Facility staff to rectify defect.
Building Defects Increased accident risk from e.g. faulty lights, sharp pool tiles etc. Hazard: Cuts and various injuries depending on circumstances.	Swimmers and staff	The Club is pro-active and reports all defects in the pool , on poolside and in the building to the Facilities Manager.	L/M	L	Club staff to report, ensure personnel safety. Facility staff to rectify defect.
<b>Fire, Bomb alert etc requiring evacuation of pool/building.</b>	Swimmers and all staff/spectators	Follow EAP as outlined in general precautions.	L/M/H	L	All Club and Facility staff