



**BOYS**

AGE	10/11		12		13		14		15		16 & over	
	QT	CT	QT	CT	QT	CT	QT	CT	QT	CT	QT	CT
50m Free	00:35.26	00:37.02	00:33.14	00:34.80	00:30.88	00:32.42	00:28.82	00:30.26	00:27.25	00:28.61	00:25.55	00:26.83
100m Free	01:18.36	01:26.20	01:13.07	01:20.38	01:07.28	01:14.01	01:03.16	01:09.48	00:59.38	01:05.32	00:54.86	01:00.35
200m Free	02:51.77	03:08.95	02:37.00	02:52.70	02:27.29	02:42.02	02:17.77	02:31.55	02:13.77	02:27.15	02:01.84	02:14.02
400m Free	05:35.36	06:08.90	05:22.92	05:55.21	05:07.82	05:38.60	04:46.81	05:15.49	04:33.62	05:00.98	04:16.97	04:42.67
800m Free				05:22.92		05:07.82		04:46.81		04:33.62		04:16.97
1500m Free			21:00.00	23:06.00	20:00.00	22:00.00	19:00.00	20:54.00	18:18.31	20:08.14	17:05.83	18:48.41
50m Breast	00:47.96	00:52.76	00:43.52	00:47.87	00:40.38	00:44.42	00:37.99	00:41.79	00:35.94	00:39.53	00:33.04	00:36.34
100m Breast	01:43.00	01:53.30	01:35.70	01:45.27	01:30.01	01:39.01	01:22.97	01:31.27	01:17.76	01:25.54	01:11.71	01:18.88
200m Breast	03:42.18	04:04.40	03:27.77	03:48.55	03:15.49	03:35.04	03:02.05	03:20.25	02:56.66	03:14.33	02:39.12	02:55.03
50m Fly	00:40.61	00:44.67	00:37.09	00:40.80	00:33.84	00:37.22	00:32.58	00:35.84	00:30.32	00:33.35	00:27.78	00:30.56
100m Fly	01:40.44	01:50.48	01:29.00	01:37.90	01:22.49	01:30.74	01:12.74	01:20.01	01:08.63	01:15.49	01:01.53	01:07.68
200m Fly	03:48.99	04:11.89	03:38.00	03:59.80	03:33.00	03:54.30	03:06.90	03:25.59	02:37.05	02:52.75	02:25.86	02:40.45
50m Back	00:40.50	00:44.55	00:37.24	00:40.96	00:35.55	00:39.10	00:33.60	00:36.96	00:31.82	00:35.00	00:29.38	00:32.32
100m Back	01:28.81	01:37.69	01:23.66	01:32.03	01:16.55	01:24.21	01:11.94	01:19.13	01:09.66	01:16.63	01:02.65	01:08.92
200m Back	03:12.07	03:31.28	02:58.14	03:15.95	02:45.20	03:01.72	02:35.75	02:51.33	02:28.70	02:43.57	2:17.45	02:31.20
100m IM	01:30.17	01:39.19	01:23.51	01:31.86	01:19.03	01:26.93	01:12.52	01:19.77	01:10.17	01:17.19	01:05.13	01:11.64
200m IM	03:14.84	03:34.32	03:01.61	03:19.77	02:50.80	03:07.88	02:37.90	02:53.69	02:31.25	02:46.38	02:20.26	02:34.29
400m IM			06:10.19	06:47.21	06:07.78	06:44.56	05:29.28	06:02.21	05:16.17	05:47.79	04:56.09	05:25.70

NEW EVENT

**GIRLS**

AGE	10/11		12		13		14		15		16 & over	
	QT	CT	QT	CT	QT	CT	QT	CT	QT	CT	QT	CT
50m Free	00:35.81	00:37.60	0:32.64	00:34.27	00:31.22	00:32.78	00:29.96	00:31.46	00:29.67	00:31.15	00:28.60	00:30.03
100m Free	01:18.98	01:26.88	01:12.96	01:20.26	01:07.51	01:14.26	01:05.19	01:11.71	01:04.00	01:10.40	01:00.84	01:06.92
200m Free	02:51.23	03:08.35	02:35.67	02:51.24	02:23.23	02:37.55	02:20.58	02:34.64	02:18.30	02:32.13	02:15.92	02:29.51
400m Free	05:52.32	06:27.55	05:18.71	05:50.58	04:57.02	05:26.72	04:47.31	05:16.04	04:42.30	05:10.53	04:39.93	05:07.92
800m Free			11:29.09	12:38.00	10:15.00	11:16.50	09:52.95	10:52.25	09:47.00	10:45.70	09:42.57	10:40.83
1500m Free				05:18.71		04:57.02		04:47.31		04:42.30		04:39.93
50m Breast	00:47.00	00:51.70	00:43.00	00:47.30	00:40.00	00:44.00	00:38.44	00:42.28	00:38.24	00:42.06	00:37.04	00:40.74
100m Breast	01:42.48	01:52.73	01:35.66	01:45.23	01:29.71	01:38.68	01:25.75	01:34.32	01:22.50	01:30.75	01:19.36	01:27.30
200m Breast	03:43.00	04:05.30	03:20.48	03:40.53	03:09.19	03:28.11	03:00.86	03:18.95	02:58.48	03:16.33	02:55.00	03:12.50
50m Fly	00:40.86	00:44.95	00:37.00	00:40.70	00:34.08	00:37.49	00:33.69	00:37.06	00:32.46	00:35.71	00:31.80	00:34.98
100m Fly	01:37.22	01:46.94	01:29.22	01:38.14	01:20.00	01:28.00	01:15.00	01:22.50	01:12.29	01:19.52	01:09.92	01:16.91
200m Fly	03:44.33	04:06.76	03:32.70	03:53.97	03:04.00	03:22.40	03:01.29	03:19.42	02:53.70	03:11.07	02:43.84	03:00.22
50m Back	00:42.00	00:46.20	00:38.00	00:41.80	00:35.59	00:39.15	00:34.34	00:37.77	00:33.86	00:37.25	00:32.27	00:35.50
100m Back	01:29.35	01:38.29	01:22.00	01:30.20	01:15.44	01:22.98	01:14.00	01:21.40	01:12.55	01:19.81	01:09.64	01:16.60
200m Back	03:13.65	03:33.02	02:52.00	03:09.20	02:43.35	02:59.69	02:37.35	02:53.09	02:37.08	02:52.79	02:30.57	02:45.63
100m IM	01:31.00	01:40.10	01:22.54	01:30.79	01:17.69	01:25.46	01:15.00	01:22.50	01:14.58	01:22.04	01:11.27	01:18.40
200m IM	03:18.09	03:37.90	02:59.11	03:17.02	02:44.65	03:01.12	02:42.00	02:58.20	02:38.26	02:54.09	02:33.72	02:49.09
400m IM			06:20.90	06:58.99	05:45.00	06:19.50	05:43.00	06:17.30	05:37.52	06:11.27	05:26.50	05:59.15

NEW EVENT

- 10/11 year olds 50 & 100m events - TOP 16 entrants
- 12 /13/14 & 15 year olds 50 & 100m events - TOP 24 entrants
- 16+ year olds 50 & 100m events - TOP 32 entrants
- 10/11 year olds 200m events - TOP 16 entrants
- 12 /13/14 & 15 year olds 200m events - TOP 20 entrants
- 16+ year olds 200m events - TOP 20 entrants
- 10/11 year olds 400m events- TOP 8 entrants
- 12 /13/14 & 15 year olds 400m events - TOP 12 entrants
- 16+ year olds 400m events - TOP 16 entrants
- GIRLS 800m
  - 12 year old - TOP 6 entrants
  - 13 year old - TOP 8 entrants
  - 14 year old - TOP 10 entrants
  - 15 & 16+ year old - TOP 12 entrants
- BOYS 1500m
  - 12 year old - TOP 4 entrants
  - 13 & 14 year old - TOP 8 entrants
  - 15 & 16+ year old - TOP 10 entrants

**NOTE: GIRLS 1500 will be limited to 2 heats, BOYS 800m will be limited to 3 heats  
Qualifying for Boys 800 & Girls 1500 will be by achieving the stated Consideration Time in a 400 Freestyle event**

Swimmers achieving the Consideration Time for an event will be accepted subject to the entry caps above.

**QUALIFYING PERIOD : Friday 1st June 2018 to midnight SUNDAY 9th December 2018**